

ALWAYS WANTED TO...

LEARN TO SWIM

Join us for SWIMMING 101

Interested in improving your swimming skills? Join the City of Kitchener in a new program focused on building confidence in and around water. You'll develop strokes like front crawl, back crawl, and breaststroke, along with surface support, underwater skills, and fitness.

What you need to participate

- a swimsuit
- a towel
- swim goggles (optional)

Facility	Date	Time
Breithaupt Centre	Every Monday March 23 - June 15	3:00-3:55 pm
Cameron Heights Pool	Every Wednesday March 25 - June 10	2:45-3:55 pm
Forest Heights Pool	Every Friday March 27 - June 19	2:45-3:55 pm
Lyle Hallman Pool (GRRRC)	Every Friday March 27 - June 19	3:00-3:55 pm

Program is Free of Charge

To complete your expression of interest, scan the QR code



Waterloo Catholic District School Board
Quality, Inclusive, Faith Based Education

